

UWS

EDUCATE THE FUTURE
CHANGE THE FUTURE

FOOD FOR THOUGHT

PLANTING THE FUTURE

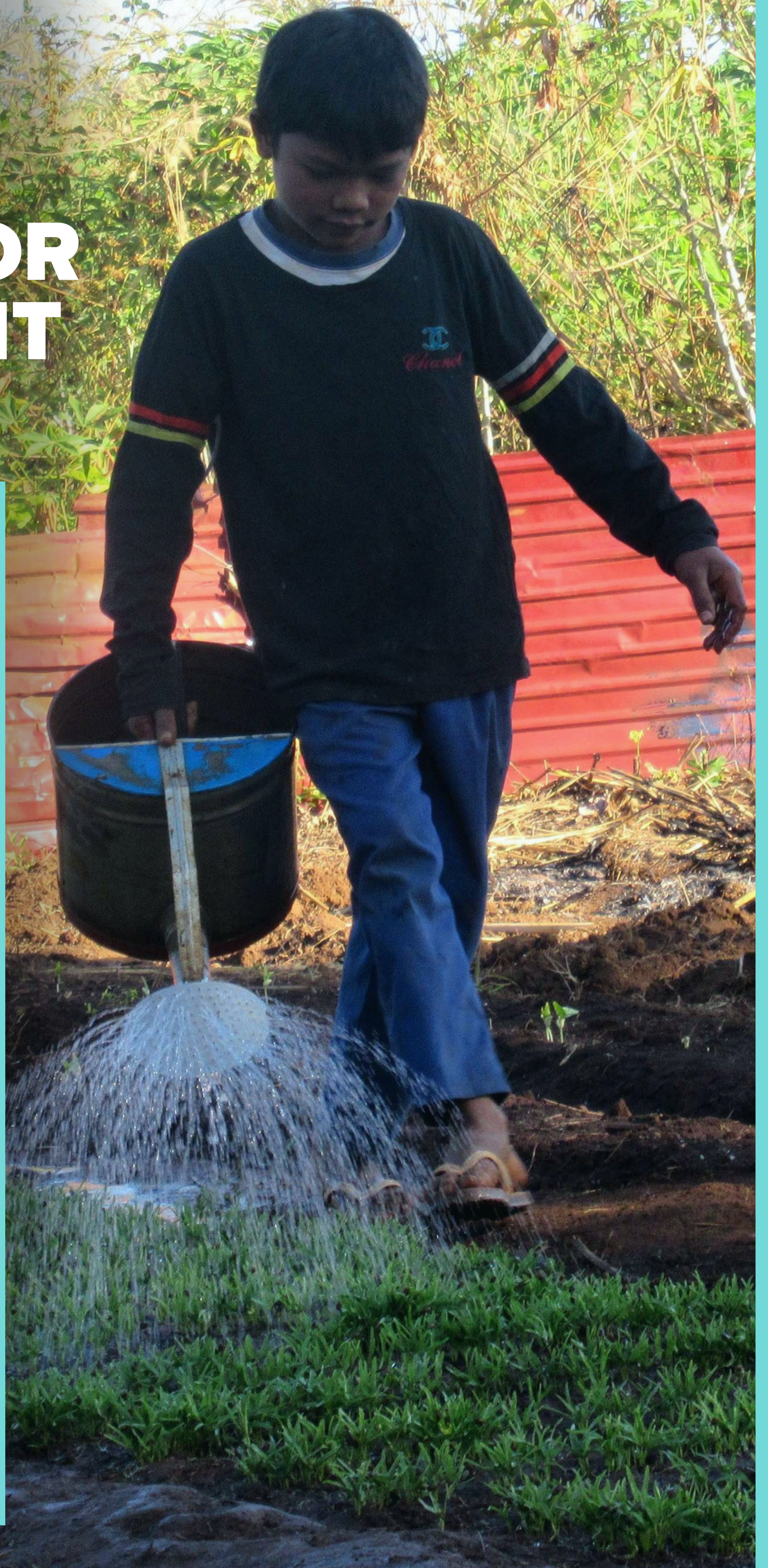
For families in rural Cambodia living below the poverty line, it is difficult, on a daily basis, to provide food for the family.

Often parents are forced to take their children out of school to help find or grow food. Children as young as five years old will often help their parents on their farm.

This is why UWS builds gardens in some of our schools. In these gardens children and teachers grow sweetcorn, soyabeans, morning glory, and lemongrass.

These vegetables are then shared amongst the students and taken home to their families.

@TEAMUWS





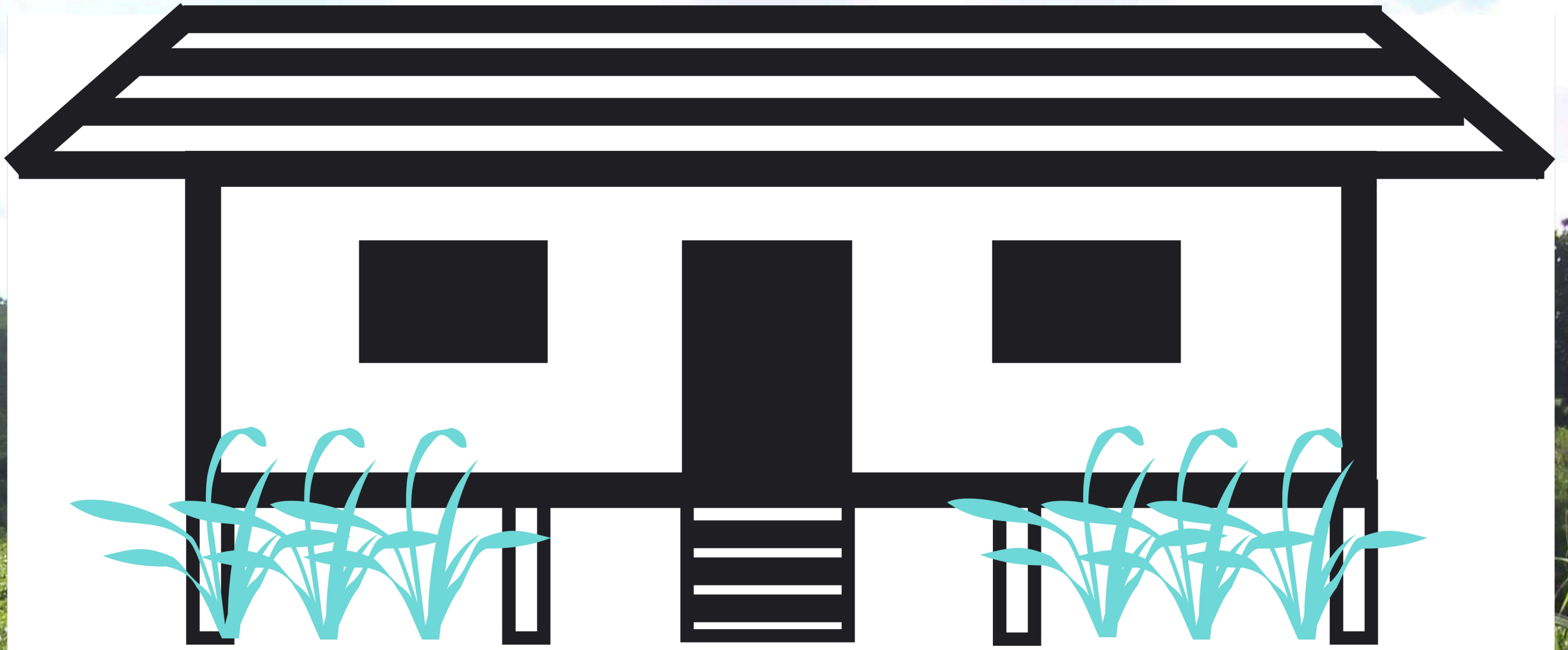
THINKING POINTS

- Why do 80% of farmers in Cambodia grow rice?
- Children in rural areas will often eat rice three times a day. Why could this make them poorly?
- In UWS School Gardens we plant vegetables that are healthy, easy to grow, and popular in Cambodian cooking. What would you grow in your school garden?

FOOD FOR THOUGHT

ACTIVITY

Design a garden for your UWS School. What do you want to plant? What will you need to help them grow? Who is going to look after them?



FOOD FOR THOUGHT

ACTIVITY

In pairs come up with a list of ten things that are different about food in rural Cambodia. Think about how is it made? How is it transported? How is it cooked? How is it eaten? Share your work with the class.

